

Greetings!,
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May 2019 E-Newsletter

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The logo consists of the letters 'T' and '21' in a bold, sans-serif font. The 'T' is white with a grey outline, and the '21' is solid blue.

Tobacco 21 Ordinance Passes in Wilkin County!

Thank you to all who played a critical role in the passing of important legislation for our community, especially to Jason McCoy, PartnerSHIP 4 Health's Tobacco Prevention Coordinator!

[Click for link to Wahpeton Daily News article](#)

[Click for more information on Tobacco 21](#)

School Wellness Committees See Growth

How can schools improve their students' academic performance and attendance? Research has shown that these two school health markers are closely linked to good nutrition and physical activity.

PartnerSHIP 4 Health (PS4H) staff members Karen Nitzkorski (School Wellness Coordinator) and Karensa Tischer (Registered Dietitian) work with schools to create and support wellness committees to assess the school environment surrounding these two issues. School wellness committees include teachers, students, administrators, nurses and community members who want to influence the health and wellness of students and staff.

Schools are increasingly seeing the benefits of a comprehensive wellness policy that supports a healthy school environment. This work began in 2010 with four school districts including Detroit Lakes, Perham, Breckenridge and Dilworth. Today, PS4H is honored to have the opportunity to work with 13 public school districts and one private school.

[Read the full Success Story Here!](#)

Scott Schwandt, our MN GreenCorps member, has been working with the sustainability managers from the **City of Moorhead** on MN GreenSteps, and they just received some

BIG NEWS!

Moorhead has now officially moved up to a step 3 MN GreenSteps city. A huge thank you to Hayley Hilfer, Julia Brucklacher, Dan Mahli and Scott for this achievement in sustainability. We wish Moorhead luck as they continue to take steps to achieve a cleaner, healthier, and greener future.

For more information about Minnesota GreenStep Cities:

<https://greenstep.pca.state.mn.us/>



Now accepting member applications for the 2019-2020 year of the Minnesota GreenCorps program!

Program Information:

44 Minnesota GreenCorps AmeriCorps positions are available at local governments, nonprofit organizations, and educational institutions statewide. Minnesota GreenCorps members serve on projects in topic areas including Air Pollutant Reduction, Community Readiness & Outreach, Green Infrastructure Improvements, or Waste Reduction, Recycling, & Organics Management. Members serve full-time September 2019 through August 2020 and earn a living stipend of \$1428 per month and an education award of \$6095 after successful completion of the 11-month AmeriCorps term.

Position Locations: Positions are available in the metro and throughout Minnesota!

- Northeast MN: Duluth, Virginia
- Northwest MN: Alexandria, Bemidji, Crookston, Fergus Falls, Moorhead, Park Rapids, Pine River
- North Central MN: Big Lake, Cass Lake, Little Falls
- Southeast MN: Faribault, Rochester, Winona

Application Instructions: Visit www.pca.state.mn.us/mngreencorps to learn more about the program, review position summaries, and apply online by **Monday, June 17, 2019**.

Questions: Contact mngreencorps.pca@state.mn.us

It's time to visit your local **Farmers Markets!**
See flyer below for locations, hours, and starting dates for each market.



Dilworth
Dilworth Community
Center
Thursdays 4-8
Starting July 11



Fergus Falls
OTC Museum Lawn
1110 West Lincoln
Wed 2-5:30,
Sat 9-1
Starting June 1



**Twin Towns
Gardeners Market**
8th S & 2nd Ave,
Wahpeton
Thursdays 4-7
Starting in July

SUMMER FARMERS MARKETS



Vergas
Lions Pavilion on
Long Lake by Loon
Wednesdays 9-2
Starting May 8

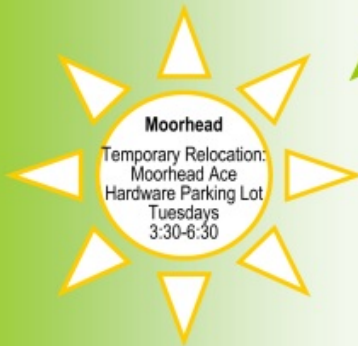
OPENING SOON!



Park Rapids
Cwikla Ace Hardware
Parking Lot
Saturdays 9-1,
starting May 25
Wed 10-2, starting
July 10



Battle Lake
Railroad Park
Saturdays 9-12
Starting May 25



Moorhead
Temporary Relocation:
Moorhead Ace
Hardware Parking Lot
Tuesdays
3:30-6:30



**Lakes Area,
Detroit Lakes**
Peoples Park
Tuesdays and
Saturdays 10-1
Starting May 18

Check out two great **bike events** coming up!

June 15th - Perham Turtle Fest, Perham

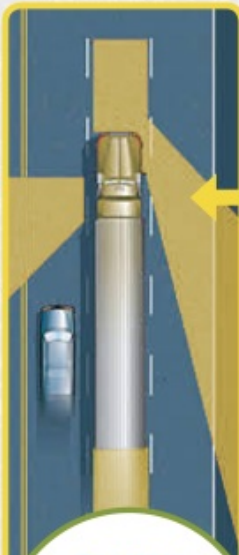
June 23rd - Streets Alive, Moorhead

2019 PERHAM TURTLE FEST

SAFETY ZONE



2nd St SW
Behind Perham Fire Hall
SATURDAY, JUNE 15TH
8 AM - 11 AM



NO-ZONE SEMI DEMONSTRATIONS

Don't Hang out in the No-Zone! There will be on-site demonstrations of the No-Zone areas pertaining to semis.

SAFETY VEHICLE SET-UP

Vehicles will be set up on location for both all ages to view and explore.

CRASHED CAR DISPLAY

The accident, as a result of an impaired driver, killed a ND family. The relatives of the Deutscher family donated their crashed car for educational purposes. More information can be found on deadlycrash.org

FAMILY
FUN
ACTIVITIES

PEDAL CARTS
BEAN BAG TOSS
TRY THE SEAT BELT
SIMULATOR

Register for
DOOR PRIZES



Perham.com

DEMONSTRATIONS • BOOTHS • ACTIVITIES • SIMULATORS • & MORE!

For more information contact Barb Felt (218.347.1627) or Jane Neubauer (218.731.4163).

June 23
August 25



Streets **alive!**

Sundays noon—5pm. Free for everyone.

Our community's open street event: downtown streets are closed to motor vehicles and open to walking, biking, wheeling, skateboarding - all forms of human transportation!



fmstreetsalive.org

SPONSORS



SANFORD
HEALTH



City of Moorhead | City of Fargo | Dakota Medical Foundation | Blue Cross Blue Shield of North Dakota
Bell State Bank & Trust | The YMCA of Cass and Clay Counties | Kilbourne Group | West Acers Shopping Center
TNT Fitness | High Plains Reader

**Becker County Master Trails Plan
Public Input Meeting:**
June 24th (Monday) from 5-7 p.m.
Detroit Lakes Public Library

Becker County is developing a Master Trails Plan and is seeking public input.

SRF Consulting will provide a presentation and facilitate discussion with the public on recreational trail types, destinations and future opportunities.

Funders of the Plan Include:

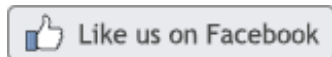
Becker County
Partnership 4 Health
West Central Initiative
City of Frazee
Osage Township

SAVE THE DATE

The third and final Open House for the current phase of the **Pelican Rapids Highways 59 & 108** planning process will be **Thursday, July 18** at 7:00pm at the Pelican Rapids High School Fine Arts Auditorium.

Like and Review PartnerSHIP 4 Health on Facebook

Have you checked out our Facebook page? It's a great way to learn more about PartnerSHIP 4 Health's work across Becker, Clay, Otter Tail, and Wilkin Counties. Like what we do? Leave a review to help others find out who we are!



PartnerSHIP 4 Health (PS4H) is part of Becker, Clay, Otter Tail, and Wilkin County public health and is supported by the Minnesota Department of Health through the Statewide Health Improvement Partnership (SHIP). To learn more about SHIP and its work across the state, click the logo to the right.



PartnerSHIP 4 Health | www.partnership4health.org

STAY CONNECTED:

