

Greetings!

Thank you for subscribing to the PartnerSHIP 4 Health E-Newsletter. If you received this message in error, please use the link at the bottom to safely unsubscribe.



October 2018 E-Newsletter

[Visit Our Website](#)

In this issue:

Community Health Services, Inc. Innovates to Manage Prediabetes

Lake Region Healthcare Partners with PS4H to Prevent Diabetes

Walk! Bike! Fun! Training in New York Mills

TAP Orientation – Monday, October 15th

3rd CookWell Class at Fergus Falls YMCA – Register Now!

Welcome to Green Corps member, Scott Schwandt



CHSI Innovates to Detect and Manage Prediabetes

PartnerSHIP 4 Health provided funding for Community Health Services, Inc. to create a new process to detection and management of prediabetes. The new process not only finds those at risk for or with prediabetes, but also connects them with help via self-management support and/or the local Diabetes Prevention Program.

[Click Here to Read Full Story](#)



Lake Region
HEALTHCARE

LRH Partners with PS4H to Prevent Diabetes

In May 2016, Lake Region Healthcare (LRH) in Fergus Falls, MN was awarded Community Wellness Grant funding to work with PartnerSHIP 4 Health, local public health and community partners in Becker, Clay, Otter Tail and Wilkin counties, to address prediabetes among its patient population.

In collaboration with PS4H, LRH reviewed current practices and best practices, and then targeted areas for improvement. Dr. Erin Peterson, physician champion, shares her support for the improvement in prediabetes patient care.

[Click Here to Read Full Story](#)



photo credit: Frances Stevenson | Daily Journal

New York Mills Schools Receive Walk! Bike! Fun! Training

New York Mills high school hosted a local "Walk! Bike! Fun! Pedestrian and Bicycle Safety Curriculum" led by the Bicycle Alliance of Minnesota on September 21, 2018.

The training took teachers through basic tools teaching kids to be safe walking and biking and encouraging children to walk or bike to school and throughout the community.

[Read Newspaper Article](#)



TAP Orientation Scheduled for Monday, October 15

The annual Transportation Alternatives Program (TAP) funding solicitation will be opening soon! As in previous years, West Central Initiative will be holding a TAP

workshop to share information about the solicitation.

The workshop will be held on **Monday, October 15th from 10 am – 12 pm** at WCI's office in Fergus Falls, located at 1000 Western Avenue.

If you are considering a TAP or SRTS application you are strongly encouraged to attend!

Grant solicitation timeline:

- Oct. 31, 2018 – Deadline for applicants to submit letters of intent.
- Jan. 4, 2019 – Deadline for applicants to submit full applications.
- April 16, 2019 – Grant recipients announced.

For grant details see the Transportation Alternatives website at www.mndot.gov/ta/



What: Lemon Zucchini Pancakes, Pumpkin Spice Pancakes and Chia Fruit Jam

Who: Lake Region Hospital

When: Wednesday, Oct. 24th 5:30– 7:00PM

Where: Fergus Falls YMCA

Cost: \$10 Members \$15 Potential Members, Registration Required BEFORE OCT. 21ST.

Come and see how easy it can be to make a delicious and healthy breakfast with the chefs from Lake Region Hospital! Lynn and Kary will be making 2 different types of Pancakes as well as Jam. Participants will help with food prep and sampling and go home with recipes.

****MUST REGISTER ON OR BEFORE October 21st****



**Fergus Falls Area
Family YMCA**



Welcome to Scott Schwandt, our New GreenCorps Member!

Here is a note from our new GreenCorps Member!

My name is Scott Schwandt, I recently graduated from Concordia College and will be working with PartnerSHIP 4 Health over the next 11 months to promote green transportation and reduce air pollution. I joined MN GreenCorps because of my interest in sustainability and active living. I hope to assist in a culture shift where biking and walking are prioritized in this community. During this year, I intend to learn skills that will help me stay involved in this sector and continue to promote active living wherever I may be in the future.

Minnesota GreenCorps is an AmeriCorps program. Funding is provided through a grant from ServeMinnesota and the Corporation for National and Community Service. Members serve at their host sites for 11 months, from mid-September through mid-August. More than 240 GreenCorps members have served at over 130 organizations across Minnesota. Former and current host site organizations include cities, counties, public schools, universities, watershed districts, and non-profit organizations.

Like and Review PartnerSHIP 4 Health on Facebook

Have you checked out our Facebook page? It's a great way to learn more about PartnerSHIP 4 Health's work across Becker, Clay, Otter Tail, and Wilkin Counties. Like what we do? Leave a review to help others find out who we are!

PartnerSHIP 4 Health is supported by the Minnesota Department of Health through the Statewide Health Improvement Partnership (SHIP). To learn more about SHIP and its work across the state, click the logo to the right!



PartnerSHIP 4 Health | www.partnership4health.org

STAY CONNECTED:

