

# **PartnerSHIP4 Health**

December 2013 e-newsletter

### www.partnerSHIP4Health.org



# PartnerSHIP4 Health

Charting a course for good health

#### Dear Keely,

- Food hub, an innovative approach to meeting the needs of institutions wanting local whole foods
- Students inspiring others to improve healthy snacks in the classroom
- Officials seek public input on proposed bike trail from Pelican Rapids to Perham
- Tobacco free coalition begins grassroots support for protecting youth from the dangers of tobacco and secondhand smoke
- Move MN to discuss comprehensive transportation plan for Minnesota

## Public input meeting for Pelican Rapids to Perham bike trail set

Government officials and active living advocates have been hard at work developing a plan to develop a bike and snowmobile trail that links Pelican Rapids and Perham. The group seeks public input.

Learn more Meeting Information

### **Tobacco Free 4 Health**

PS4H is seeking individuals that are interested in reducing tobacco use and exposure in their community. Contact Keely for more information at

218-299-7180 keely.ihry@co.clay.mn.us

Learn more about what can be done about e-cigarettes

Becker County will discuss a proposed sales tax that supports active transportation.

Meeting held on Dec 17 at 10:45 Becker County Courthouse Detroit Lakes



# Lakes Country Service Cooperative to lead regional food hub

PS4H has been working closely with area schools to improve access to healthy whole foods through the Farm to School initiative. Success has been achieved in small ways but a new approach will soon make a more meaningful impact.

Learn more

#### Healthy snack challenge popular with students

When Linda Bowhall, FACS Teacher at Kennedy School in Fergus Falls saw the how many unhealthy snacks students were bringing to class she wondered if there might be a learning opportunity present. Learn how one class is inspiring others to eat healthy





The Move MN campaign is committed to addressing Minnesota's urgent transportation needs. As advocates for better, reliable transportation, we believe the 2014 legislative session provides the best opportunity to develop and pass a comprehensive transportation package

The public is invited to a transportation stakeholders meeting in Moorhead on Wednesday, December 18th from 8:30a-10:30am at the Hjemkomst Center 202 1st Ave. N. Moorhead <u>View more details</u> Learn more about Move MN

Winter Trail Days is making staying physically active a bit easier

Join us for a free day of snowshoeing and cross country skiing on January 11 at the MSUM Regional Science Center, Moorhead

View more information