

PartnerSHIP 4 Health

Charting a course for good health

April 2013

PartnerSHIP 4 Health

e-newsletter

www.partnerSHIP4Health.org



Welcome to this month's PartnerSHIP 4 Health e-newsletter.

Highlights include:

- Bike rodeo events focusing on K-8 students
- Bike or walk to school or work week set for May 4-12th
- PS4H offers worksite garden and orchard grants to improve healthy food access
- Fergus Falls Schools implements after school healthy snack program
- 5th Healthy School Summit Held April 10th
- Safe Routes to School planning grants awarded to Frazee, Lake Park & Parkers Prairie
- Robert Asp Elementary school in Moorhead benefits from Fuel Up to Play 60 program

5th Healthy Schools Summit Held on April 10th



Nearly 100 people attended the PartnerSHIP 4 Health, Cass Clay Healthy People Initiative and South East Education Cooperative's Healthy School Summit.

Leah Wuebben, Miss Perham, whose platform is Diabetes Prevention welcomed attendees.

Regional speakers presented ideas and experiences with Healthy Concessions,

Bike safety events to take center stage across the region

To learn more about the bike rodeo events near you click on one of the following communities:

Perham Wednesday, May 8th 3:30-5:30pm

Detroit Lakes Saturday, April 27th 9:30-11:30am

Breckenridge Wednesday, May 1st 4pm

Fergus Falls Saturday, April 27th 10am-1pm

Moorhead Sunday May 12th 2-4pm



School Fundraising
and Active Recess.

Over 30 School
personnel from
PartnerSHIP4Health's
eight school partners
attended. School
Districts
include: Breckenridge
, Dilworth-Glyndon-
Felton, Detroit Lakes,
Fergus Falls, Hawley,
Moorhead, Perham
and Rothsay.

Special thanks to our
partner presenters
Patty Mollberg (Detroit
Lakes) Stephanie
Beyer (Breckenridge),
Shan Manke (Detroit
Lakes), and Mary
Charlton (Moorhead).



Congratulations to
Frazee, Lake Park &
Parkers Prairie for
receiving SRTS
planning grants



**Robert Asp
Elementary** has
received a Fuel Up to
Play 60 grant to
address needs with
intramurals, taste
testing, signage
and creating Jammin'
Minutes videos for the
classroom physical
activity breaks.

Register for this event
and the chance to win a prize at
www.bikewalkweek2013.eventbrite.com

You must live, work, or attend school in Lake Park, Audubon,
Detroit Lakes, Frazee, Perham, Battle Lake, Fergus Falls, Pelican
Rapids, Breckenridge, Rothsay, Barnesville, Moorhead, Dilworth,
or Hawley, MN to be eligible to win a prize.
Sat May 4 - Sun May 12, 2013



Seeds of health garden and orchard grant available

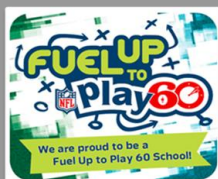
Yes, it's hard to imagine now but eventually the snow will give way to the warmth of the sun and when it does consider starting a garden or an orchard at your worksite to improve access to healthy foods. PS4H is making available several grants up to \$500 each for businesses, organizations, nursing homes who desire to make a difference in improving access fresh fruit and vegetable in their community Grant applications are due **Friday, April 26th** and are open to businesses/organizations in Becker, Clay, Otter Tail and Wilkin counties.

[Click here for grant details for nursing homes assisted living](#)

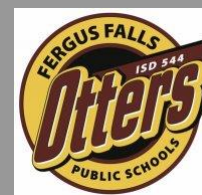
[Click here for application for nursing homes assisted living](#)

[Click here for grant details for businesses](#)

[Click here for application for businesses](#)



After having success at
implementing a Grab N
Go breakfast program fall
2012 Kennedy School
expands



its commitment to healthy food access by starting an
after school healthy snack program and serves 80
students the first day of operation.

[Click here to find out how Fuel Up to Play 60 is
making a difference with Fergus Falls Schools](#)

