

## PartnerSHIP 4 Health

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# PartnerSHIP 4 Health

January 2017 E-Newsletter

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**Dear Gina,** welcome to the PartnerSHIP 4 Health e-newsletter. We hope you enjoy these exciting updates!



## Advocates Needed

Would you like to see the first Smoke-Free Generation in Minnesota? History shows that strong local tobacco ordinances lead to fewer youth smoking and increased quit attempts by current smokers.

Currently Tobacco-Free 4 Health is gathering partners in Becker and Otter Tail Counties who support want to see a reduction in youth smoking and to provide clean air for EVERYONE!

Are you are willing to write an e-mail? Send a letter? Make a phone call? Please contact Jason at [jason.mccoy@co.clay.mn.us](mailto:jason.mccoy@co.clay.mn.us) or 218-230-5389.

## Concordia College Awarded Bike-Friendly Status

There's a new way to get around at Concordia College in Moorhead, MN. A fleet of 14 "COBBikes" allows students, staff, and faculty to use healthy and sustainable pedal power to travel across campus and around the community.

The COBBikes are just one step the college has taken to encourage biking, an effort involving several Concordia College offices and departments. The sustainability office hired a bike intern to assist with maintenance and promotion, the facilities management team replaced older bike racks with more secure designs, and the campus bookstore sells tire patch kits and bike locks.

In 2015, after pursuing Bicycle-Friendly University Status and receiving an honorable mention, the college organized bike safety classes and increased support of campus bike events. In 2016, with the help of Austin Hauf, MN GreenCorps member serving with PartnerSHIP 4 Health, Concordia once again completed the application process, this time securing Bicycle-Friendly University status at the bronze level.



[Click here to read more about Concordia College's Bicycle-Friendly University award](#)

## Open Position: Project Manager

Clay County Public Health is accepting applications for a Full-Time Grant Program Project Manager position to work with the PartnerSHIP4Health Team (Covering Becker, Clay, Otter Tail and Wilkin Counties) working with community partners to increase healthy eating, physical activity and reduce tobacco use and exposure in our region, through policy, systems and environmental approaches. This position is also involved in reporting and evaluation. This is a grant funded position that will run through October 2017 with the possibility of renewal. Focused areas include organizations serving those who experience health inequity and tobacco use and exposure. Location of office: Moorhead.

[Click here for position description](#)

## MDH Releases SHIP Reach Data

The Minnesota Department of Health has released data on Year 1 of SHIP 4 for our four counties and the state as a whole.

Statewide highlights include a drop in the statewide obesity rate from 27.6% in 2014 to 26.1% in 2015, and a drop in the adult smoking rate from 16.1% in 2010 to 14.4% in 2014.



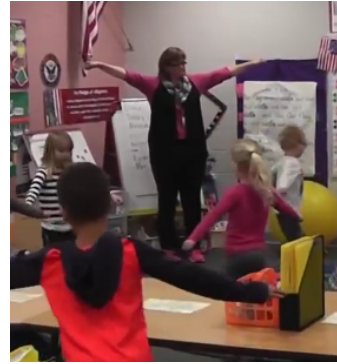
*Click the images above to view SHIP data for the state as a whole and for PartnerSHIP 4 Health's work in Becker, Clay, Otter Tail, and Wilkin counties.*

## Active Classrooms Help Students Move & Learn in DGF

What if all students had the opportunity to take short physical activity breaks during the school day? With one in three children in the U.S. overweight or obese, making time for students to move is more important than ever. Dilworth-Glyndon-Felton (DGF) schools partnered with PartnerSHIP 4 Health in August 2015 to offer an "active classroom" training session to equip 28 K-8 teachers with the skills and confidence to add physical activity into

the school day. The training, led by Mary Thissen-Milder from the Minnesota Department of Health, empowered teachers to positively impact nearly 1,000 DGF students.

[Click here to read more about DGF active classrooms](#)



## Trygve Olson's "The Aesthetics of Walking" Exhibit at Lake Region Arts Council

Lake Region Arts Council announces the opening of Trygve Olson's "The Aesthetics of Walking" Exhibit. The public is invited to attend an Artist Reception at the LRAC/McKnight Art Gallery, 133 S. Mill St., Fergus Falls, MN on January 17, 2017 from 5:00 to 6:30 pm.

This exhibition was chosen to coincide with a downtown Fergus Falls Walkability Study made possible by Community Wellness Grant through MN Department of Health. The purpose of the project is to increase walking opportunities for employees, customers, and patrons. Participating businesses include Lake Region Arts Council, A Center for the Arts, Springboard for the Arts and Victor Lundeen Company. PartnerSHIP 4 Health is the coordinating organization. This exhibition reception will include more information about the project and an opportunity to make a pledge to walk more and win a gift certificate to Dunham's Sports in the process.

[Click here for more information](#)

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