



PartnerSHIP 4 Health
Charting a course for good health

PartnerSHIP 4 Health

February 2016
 e-news

www.partnerSHIP4health.org



Dear Gina, welcome to the PartnerSHIP 4 Health e-newsletter. We hope you enjoy these exciting updates!

Why is a Sampling Ban Important?

What is sampling you ask? Sampling refers to the practice of local vapor and hookah stores to provide free samples of their products to new customers. Providing these samples allows them to lure in non-smokers or current smokers to try new products. While not illegal in MN, this practice undermines quit attempts and provides easy access for new smokers to become addicted to tobacco.

For more information contact:
 Jason McCoy at:
jason.mccoy@co.clay.mn.us

I Can Prevent Diabetes class offered in Somali

PedAL Fergus Falls
 A bike and pedestrian advocacy group is showing the way for the residents of Fergus Falls to be active.



Learn how PedAL Fergus Falls is making biking easier and safer



DGF Schools Implement Grab N Go Breakfast

For busy teens eating a healthy breakfast can be a challenge but with support from PartnerSHIP 4 Health, DGF Middle School was able to implement a grab-n-go model in the middle school to make breakfast more accessible and appealing to students

[Learn more](#)



Pelican Rapids Library

[Read more](#)

Let's Cook

Learn how PartnerSHIP 4 Health is teaming up with University of MN Extension Educators to help health equity partners better serve others



Learning Healthy Cooking Skills

Clay County Public Health, 715 11th Street North, Suite 303, Moorhead, MN 56560

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