



# PartnerSHIP4 Health

July 2014

e-news

[www.partnerSHIP4Health.org](http://www.partnerSHIP4Health.org)



## PartnerSHIP4 Health

Charting a course for good health

Welcome to the May PartnerSHIP 4 Health e-newsletter.

In this edition you will discover the following:

- Fresh Connect Food Hub to begin pilot year serving schools
- City leaders in Frazee making physical activity options easier for residents
- Health Equity Summit planned for July 18th in Moorhead
- Local Farmers Markets is creating easier access to healthy whole foods
- Fergus Falls to host bike master plan open house
- New E-cigarette regulations started July 1st.

### TOBACCO-FREE 4 HEALTH

## Starting July 1st new e-cigarette regulations went into effect!

Under the Minnesota Clean Indoor Air Act e-cigarettes are prohibited to be used in the following locations:

- health care facilities, licensed daycares during hours of operation, facilities owned by Minnesota State College and Universities, buildings owned or operated by public school districts, buildings owned or operated by the State of MN, buildings owned or operated by cities, counties, townships or other political subdivisions, and facilities licensed by the Department of Human Services.

If you are interested in learning more about the new regulations [Check out more info here](#)

Are you interested in having a presentation at your worksite or other location?? Contact Keely Ihry at 218-299-7180 [keely.ihry@co.clay.mn.us](mailto:keely.ihry@co.clay.mn.us)



## Fresh Connect Food Hub

is poised to start pilot year by serving 11 schools in the region. The Food Hub is developing an aggregation system to meet the needs of schools and growers to better enhance the Farm to School experience.

[Learn More](#)

## City of Frazee

is making it easier for residents and visitors to be physically active by supporting Safe Routes to School, encouraging trail expansion and integrating the use of bikes into the community.

[Read more](#)



## Farmers Markets Creating Better Access to Healthy Foods

Farmers Markets both enable residents to have direct access to fresh local produce and support local economies. There are many farmers markets in our region including those in Breckenridge, Detroit Lakes, Dilworth, Fergus Falls, and New York Mills. Take some time this week to visit one to purchase your favorite fresh foods and support your health and the health of your community!



[Find a local market in West Central MN](#)

## Health Equity Summit

This Friday, July 18th Aimed at human service providers looking for ideas to increase the health of their clients.

[Click here for registration Information](#)

## Fergus Falls Bicycle Master Plan Open House,

Thursday July 17, 6:00pm to 8:00pm at City Hall (Council Chambers) [Learn More](#)

## Springboard for the Arts

is hosting auditions for a bike theater and a unique photo re-enactment opportunity at the Kirkbride. [Learn more](#)

