

Greetings!,
Thank you for subscribing to the PartnerSHIP 4 Health E-Newsletter. If you received this message in error, please use the link at the bottom to safely unsubscribe.



July 2019 E-Newsletter

[Visit Our Website](#)

In this issue: (click text below for shortcut to articles)

[Apply for Bicycle Friendly America](#)

[Apply for Breastfeeding Friendly Workplace](#)

[CookWell Promo Video](#)

[Pelican Rapids Open House July 18](#)

[Farmers Markets](#)

[Streets Alive in Moorhead August 25](#)

[GreenCorps Update](#)

Apply for Bicycle Friendly America

The League of American Bicyclists has an award program for communities, businesses and universities! Applicants can be designated Bicycle-Friendly at the Bronze, Silver, Gold, or Platinum level. PartnerSHIP 4 Health has helped multiple organizations in our four-county area apply for and receive a Bicycle-Friendly Award. There are three categories of awards with different application deadlines.

For further information, click [here](#).

Application Deadlines:

Communities: August 8

Universities: August 22

Businesses: October 10

Apply for Breastfeeding Friendly Workplace

The **Minnesota Department of Health** recognizes workplaces that have demonstrated their commitment to supporting breastfeeding mothers by creating a workplace lactation support program.

Benefits:

- Acknowledges your workplace's commitment to supporting healthy families
- Allows you to reap the business benefits of supporting nursing mothers
- Provides an opportunity to promote your business to the community

How to apply:

- [Use the self-assessment checklist \(PDF\)](#) to review the criteria for Breastfeeding Friendly Workplace recognition and help guide the development of your workplace lactation support program.
- [Complete the Breastfeeding Friendly Workplace application](#). NEW! We've changed the application to make it easier to complete online. Note: you can use the Save & Return feature to get a web address so you can work on the application later.

The next application deadline is **September 15**.

The process is easy and brings your workplace recognition, and is free of charge.

<https://www.health.state.mn.us/people/breastfeeding/recognition/workplaces.html>

Save the Date! Next CookWell Class:

Monday, September 9 at 5:30 pm

Fergus Falls YMCA

If you are curious what CookWell classes are all about, watch this short promo video to see the class with Union Pizza & Brewery in action.

<https://www.youtube.com/watch?v=jJiO14Bdjcc>

Pelican Rapids Highways 59 and 108 Public Input Meeting

Thursday, July 18th, 7:00pm
Pelican Rapids High School
Fine Arts Auditorium

We want your input on making Highways 59 & 108 in Pelican Rapids more pedestrian-friendly, bicycle-friendly, and handicapped-accessible!

PartnerSHIP 4 Health, SRF, MnDOT, and the City of Pelican Rapids are working on concept plans for improvements to Highways 59 & 108 as part of MnDOT's reconstruction project in 2024!



*Please
join us!*



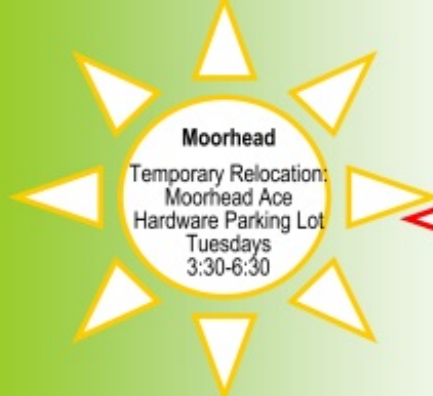
To request an ASL or foreign language interpreter, or other reasonable accommodation, contact Janet Miller at 651-366-4720 or 1-800-657-3774 (Greater Minnesota), 711 or 1-800-627-3529 (Minnesota Relay). You also may send an email to ADArequest.dot@state.mn.us. Please request at least one week in advance, if possible.

It's time to visit your local
Farmers Markets!

See flyer below for locations, hours, and starting dates for each market.



**FARMERS
MARKETS
ARE OPEN!**



Check out this fun bike event in Moorhead - bring your family!

June 23
August 25



Streets **alive!**

Sundays noon—5pm. Free for everyone.

Our community's open street event: downtown streets are closed to motor vehicles and open to walking, biking, wheeling, skateboarding - all forms of human transportation!



fmstreetsalive.org

SPONSORS



SANFORD
HEALTH



City of Moorhead | City of Fargo | Dakota Medical Foundation | Blue Cross Blue Shield of North Dakota
Bell State Bank & Trust | The YMCA of Cass and Clay Counties | Kilbourne Group | West Acers Shopping Center
TNT Fitness | High Plains Reader

GreenCorps Update

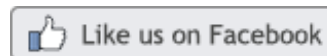
Our MN GreenCorps member, Scott Schwandt, tabled at Perham Safety Zone for PartnerSHIP4Health. He handed out bookmarks, stickers, and literature on safety for people who walk and bike. He also quizzed kids on different bike safety information, and encouraged

them to use their helmets! Nearly 100 kids attended this event at Perham Turtle Fest. They saw ambulances, a seat belt simulator, police vehicles, and some kids even won prizes!



Like and Review PartnerSHIP 4 Health on Facebook

Have you checked out our Facebook page? It's a great way to learn more about PartnerSHIP 4 Health's work across Becker, Clay, Otter Tail, and Wilkin Counties. Like what we do? Leave a review to help others find out who we are!



PartnerSHIP 4 Health (PS4H) is part of Becker, Clay, Otter Tail, and Wilkin County public health and is supported by the Minnesota Department of Health through the Statewide Health Improvement Partnership (SHIP). To learn more about SHIP and its work across the state, click the logo to the right.



STAY CONNECTED:

