PartnerSHIP 4 Health
Special Edition

Be a part of our 2019 Worksite Wellness Collaborative!

www.partnerSHIP4health.org

 WORKSITE WELLNESS

Make your organization the employer of choice!

PartnerSHIP 4 Health is now accepting new participants in the upcoming Worksite Wellness collaboration.

Contact Karen Nitzkorski at

Past Participants
Arvig Enterprises, Perham
Bigwood Event Center, Country Inn & Suites, Fergus Falls
Blue Sky, Inc., Detroit Lakes
City of Detroit Lakes
City of Dilworth
City of Fergus Falls
What is the PS4H Worksite Wellness Collaborative?

- 10 businesses/organizations across the region meeting together to learn from experts about the best practices for wellness in the workplace.
- Learn practical steps that organizations can take to support the health of employees, which is one of the most important things an organization can do to manage costs and improve productivity.
- Use proven resources and tools to assess, create an action plan, and evaluate progress.
- Learn firsthand from other successful organizations that create long term sustainable change.
- Training is offered at NO COST.

Why participate in the collaboration?

Worksite Wellness can save money, increase productivity, and improve employee health.

Studies associate poor health with reduced employee performance, safety, and morale. The organizational costs of employees in poor health and those with behavioral risk factors include:

- Higher health care expenses (medical and pharmacy)
- Higher disability and workers' compensation expense
- Three in ten Americans entering the workforce will eventually become disabled before they retire
- Decreased productivity at work
- Increased absenteeism
- Increased employee turnover

"This was a great opportunity, so thank you! Hearing from other organization on what were their struggles and successes really helped me to evaluate..."
our program and what we could do better."
-ProResources, Detroit Lakes

Click below to read how Stoneridge Software Made Healthy Options a Worksite Reality

Click here to read about another one of our great partners, Lakeshirts!

Worksite Wellness Strategies

- Increasing Healthy Food Options
- Increasing Physical activity options
- Decreasing Tobacco use & exposure
- Breastfeeding Support
- Stress Management


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