

# Goat Cheese & Greens Sandwich



1 servings

Prep Time: 5 min Cook Time: 0 min

2 slices whole grain bread  
1 1/2 T. softened goat cheese  
1 t. balsamic vinegar  
1 T. dried cranberries  
1/2 -1 c. spinach leaves

2 oz. sliced roasted chicken breast

Spread the softened goat cheese on 1 slice of bread; drizzle with 1 teaspoon balsamic vinegar. Top goat cheese with spinach, sliced chicken breast, and dried cranberries. Top with the other slice of bread.

## Nutrition Facts per serving

Calories 638 , Protein 32 g, Carbohydrate 53 g, Total Fat 35 g, Saturated Fat 8 g, Fiber 5 g, Sugar 15 g, Sodium 562 mg



This recipe is provided by *Eat Well*, a healthy restaurant initiative supported by PartnerSHIP 4 Health in Otter Tail County. This recipe meets national nutrition standards for healthy eating.