



PEDAL FOR A MEDAL

A stationary bike will be delivered to your building to be used by employees for 2 months. In warmer weather the bike may be used outdoors.

Record your name and department and how many miles you pedal. More miles gets you closer to a medal for your department and nearer to reaching your wellness goals.

Bronze: 30 miles

Silver: 90 miles

Gold: 120 miles

Individual Winner: Most miles overall

Workout and win....try the bike today!



Sponsored by the OTC Wellness Committee