PEDAL FOR A MEDAL

A stationary bike will be delivered to your building to be used by employees for 2 months. In warmer weather the bike may be used outdoors. Record your name and department and how many miles you pedal. More miles gets you closer to a medal for your department and nearer to reaching your wellness goals.

Bronze: 30 miles
Silver: 90 miles
Gold: 120 miles
Individual Winner: Most miles overall

Workout and win….try the bike today!

Sponsored by the OTC Wellness Committee