Dear Keely,
Welcome to this month's PartnerSHIP 4 Health e-newsletter.

Highlights include:

- Baudette Farmers Market serves as model for success
- Detroit Lakes Schools seeing the benefits of active classrooms
- Complete Streets workshop featuring Charles Marohn to be held in Detroit Lakes- April 5th
- Minnesota Food Charter to hold kick off meeting in Bemidji on April 9th
- Growing up Healthy- BCBS Foundation Grant
- Battle Lake to apply for Bike Friendly City status- process to start April 4th

Save the date
Complete Streets Training
Detroit Lakes, MN
April 5th
Featuring Charles Marohn, President of Strong Towns

Baudette Farmers Market inspires local efforts

If you ask Lynda Annorena, Market Manager for the Baudette Farmers Market she would tell you she wasn't interested in developing a Farmer's Market as much as she was about building a vibrant community.

Local food growers and farmer's market leaders from Becker, Clay, and Otter Tail County recently met to hear Lynda's inspiring message of how she used her uncanny creativity and persistence to create a strong and influential farmers market in Baudette, Minnesota.

If you would like to learn more about how to support a successful farmers market contact Lynda at peace2ewe@centurylink.net

Read more of Lynda's creative ideas
For more information

The aim of the Minnesota Food Charter is to ensure we have healthy, affordable and safe food, building a legacy of health for future generations.

This event will focus on identifying barriers and solutions to create a healthy food culture.

www.mnfoodcharter.com

Battle Lake will be applying for Bike Friendly City status. Your invited to participate in the planning process. April 4th
Register at:

www.bikefriendlybattlelake.eventbrite.com

Physical activity breaks increase student's concentration and create fun in learning

Integrating physical activity breaks in the classroom are becoming an increasingly popular strategy to support health, keep students on task and improve concentration. Learn how one elementary school in Detroit Lakes is seeing the benefits first hand. Read more

Growing Up Healthy
BCBS Foundation

PartnerSHIP 4 Health has been awarded a 3 year Blue Cross and Blue Shield of Minnesota Foundation "Growing Up Healthy Kids and Communities" grant. Growing Up Healthy engages community partners to nurture the healthy growth and development of children birth to five years. Read more

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