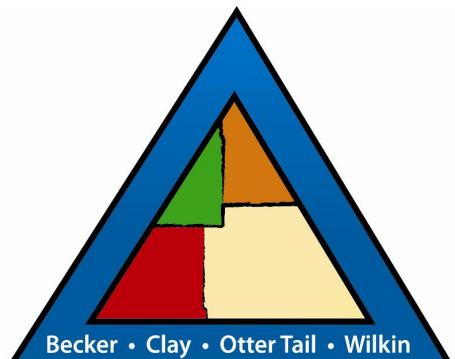


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## PartnerSHIP 4 Health

*Charting a course for good health*

March 2013

# PartnerSHIP 4 Health

e-newsletter

[www.partnerSHIP4Health.org](http://www.partnerSHIP4Health.org)



Dear Keely,

Welcome to this month's PartnerSHIP 4 Health e-newsletter.

Highlights include:

Baudette Farmers Market serves as model for success  
Detroit Lakes Schools seeing the benefits of active classrooms  
Complete Streets workshop featuring Charles Marohn to be held in Detroit Lakes- April 5th  
Minnesota Food Charter to hold kick off meeting in Bemidji on April 9th  
Growing up Healthy- BCBS Foundation Grant  
Battle Lake to apply for Bike Friendly City status- process to start April 4th

**Save the date**  
**Complete Streets**  
**Training**  
**Detroit Lakes, MN**  
**April 5th**  
**Featuring Charles**  
**Marohn, President**  
**of Strong Towns**

Complete Streets is an effort to make our roads and streets accessible and safe for all users

For more information contact:  
[patrick.hollister@co.clay.mn.us](mailto:patrick.hollister@co.clay.mn.us)

Minnesota Food Charter  
Kicks off April 9th

## Baudette Farmers Market inspires local efforts

If you ask Lynda Annorena, Market Manager for the Baudette Farmers Market she would tell you she wasn't interested in developing a Farmer's Market as much as she was about building a vibrant community.

Local food growers and farmer's market leaders from Becker, Clay, and Otter Tail County recently met to hear Lynda's inspiring message of how she used her uncanny creativity and persistence to create a strong and influential farmers market in Baudette, Minnesota.

If you would like to learn more about how to support a successful farmers market contact Lynda at  
[peace2ewe@centurylink.net](mailto:peace2ewe@centurylink.net)

[Read more of Lynda's creative ideas](#)

For more information

The aim of the Minnesota Food Charter is to ensure we have *healthy, affordable and safe food*, building a legacy of health for future generations.

This event will focus on identifying barriers and solutions to create a healthy food culture  
[www.mnfoodcharter.com](http://www.mnfoodcharter.com)

Battle Lake will be applying for Bike Friendly City status. Your invited to participate in the planning process.

April 4th  
Register at:

[www.bikefriendlybattlelake.eventbrite.com](http://www.bikefriendlybattlelake.eventbrite.com)



## Physical activity breaks increase student's concentration and create fun in learning

Integrating physical activity breaks in the classroom are becoming an increasingly popular strategy to support health, keep students on task and improve concentration. Learn how one elementary school in Detroit Lakes is seeing the benefits first hand. [Read more](#)

## Growing Up Healthy BCBS Foundation

PartnerSHIP 4 Health has been awarded a 3 year Blue Cross and Blue Shield of Minnesota Foundation "Growing Up Healthy Kids and Communities" grant. Growing Up Healthy engages community partners to nurture the healthy growth and development of children birth to five years. [Read more](#)

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