Greetings! welcome to the PartnerSHIP 4 Health e-newsletter. We hope you enjoy these exciting updates!

**Boys & Girls Clubs in DL & Perham share Anti-Tobacco Messaging**

**Downtown Fergus Falls Becomes More Bike and Pedestrian Friendly**

Bicycle and pedestrian advocacy group, PEDal Fergus Falls helps guide city officials to improve safety in downtown Fergus Falls by using sharrows and signage.

**Workplace Wellness Town Hall Events Planned**

**Early Childhood Provider Training Offered September 15th Breckenridge**

The benefits of physical activity for children go beyond obesity prevention. How can we encourage physical activity
conversation with a panel of local businesses and wellness professionals who will share are experience with workplace wellness.

Click below more information

**Perham Sept 15**
**Detroit Lakes Sept. 16**
**Fergus Falls Sept. 16**

Celebrate how the arts is connecting with active living

**Perham Health Offering**
**Intensive Behavioral Therapy Program**

Individuals who are eligible for Medicare and are clinically obese have a new, non-surgical program option available to try to lose weight. Introduced and encouraged by *PartnerSHIP 4 Health*, this program pairs primary care physicians and dieticians who will work to help patients make changes to their lifestyle and eating habits, hopefully resulting in gradual, healthy weight loss.

Learn more about IBT