Welcome to this month's PartnerSHIP 4 Health e-newsletter.

Highlights include:

- Bike rodeo events focusing on K-8 students
- Bike or walk to school or work week set for May 4-12th
- PS4H offers worksite garden and orchard grants to improve healthy food access
- Fergus Falls Schools implements after school healthy snack program
- 5th Healthy School Summit Held April 10th
- Safe Routes to School planning grants awarded to Frazee, Lake Park & Parkers Prairie
- Robert Asp Elementary school in Moorhead benefits from Fuel Up to Play 60 program

5th Healthy Schools Summit Held on April 10th

Nearly 100 people attended the PartnerSHIP 4 Health, Cass Clay Healthy People Initiative and South East Education Cooperative’s Healthy School Summit.

Leah Wuebben, Miss Perham, whose platform is Diabetes Prevention welcomed attendees.

Regional speakers presented ideas and experiences with Healthy Concessions.

Bike safety events to take center stage across the region

To learn more about the bike rodeo events near you click on one of the following communities:

- Perham Wednesday, May 8th 3:30-5:30pm
- Detroit Lakes Saturday, April 27th 9:30-11:30am
- Breckenridge Wednesday, May 1st 4pm
- Fergus Falls Saturday, April 27th 10am-1pm
- Moorhead Sunday May 12th 2-4pm
School Fundraising and Active Recess.

Over 30 school personnel from PartnerSHIP4Health’s eight school partners attended. School districts include: Breckenridge, Dilworth-Glyndon-Felton, Detroit Lakes, Fergus Falls, Hawley, Moorhead, Perham, and Rothsay.

Special thanks to our partner presenters Patty Mollberg (Detroit Lakes) Stephanie Beyer (Breckenridge), Shan Manke (Detroit Lakes), and Mary Charlton (Moorhead).

Seeds of health garden and orchard grant available
Yes, it’s hard to imagine now but eventually the snow will give way to the warmth of the sun and when it does consider starting a garden or an orchard at your worksite to improve access to healthy foods. PS4H is making available several grants up to $500 each for businesses, organizations, nursing homes who desire to make a difference in improving access fresh fruit and vegetable in their community. Grant applications are due Friday, April 26th and are open to businesses/organizations in Becker, Clay, Otter Tail and Wilkin counties.

Congratulations to Frazee, Lake Park & Parkers Prairie for receiving SRTS planning grants.

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Robert Asp Elementary has received a Fuel Up to Play 60 grant to address needs with intramurals, taste testing, signage and creating Jammin’ Minutes videos for the classroom physical activity breaks.

Register for this event and the chance to win a prize at www.bikewalkweek2013.eventbrite.com

You must live, work, or attend school in Lake Park, Audubon, Detroit Lakes, Frazee, Perham, Battle Lake, Fergus Falls, Pelican Rapids, Breckenridge, Rothsay, Barnesville, Moorhead, Dilworth, or Hawley, MN to be eligible to win a prize.

Sat May 4 - Sun May 12, 2013

After having success at implementing a Grab N Go breakfast program fall 2012 Kennedy School expands its commitment to healthy food access by starting an after school healthy snack program and serves 80 students the first day of operation.

Click here to find out how Fuel Up to Play 60 is making a difference with Fergus Falls Schools.