Welcome to the PartnerSHIP 4 Health e-newsletter.

In this edition you will discover the following:

• Health Equity Summit highlights partner success stories
• Bikeable community workshop to be held in Detroit Lakes
• Local volunteers new to the Tobacco Free Leadership Camp

Health Equity Summit Highlights Partner Successes

PS4H has been actively collaborating with human service organizations in Becker, Clay, Otter Tail and Wilkin counties to achieve optimal health for youth by eliminating health disparities. During the Health Equity Summit on July 18th nearly 150 professionals heard from a panel of partner organizations about the strategies that had improved the health and wellness of their clientele.

A special thanks to our panelists:
• Tina Jacobson, Lakeeland Mental Health Center
• Sue Wilkin, A Place to Belong
• Steve Larson, West Central Regional Juvenile Center
• Dina Geiszler, Social Connections

For 3 days youth from the Boys and Girls Clubs of Detroit Lakes and the Perham Area attended a camp focused on tobacco prevention. Youth learned about how tobacco marketing to kids during their age, the health impacts of smoking and exposure to secondhand smoke, and is advocated for changes in their communities.

At the end of the camp a video was made by the youth. In this video youth created a quote of their own and as a group an answer and a larger quote for the whole group.

This video is being debuted at the Holmes Theater in Detroit Lakes on Thursday, August 14th. Public is welcome to attend. If you are unable to join in person here is a link to watch the video.

“Stop Targeting Us!”

What did you think? Would you like to hear more?

Have ideas where to show this?

Do you have youth who would be interested in something similar?

Please Contact:
Keely Ihry
218-299-7180
www.partnerSHIP4Health.org

Walk-Bike-Fun Volunteer Opportunity

Do you enjoy walking or biking? Would you be comfortable assisting a teacher leading students in walking or biking? If so, we have an opportunity for you!

Many teachers have attended a Walk! Bike! Food Pedestrian and Bicycle Safety Curriculum training and are gearing up to implement the curriculum in the 2014-15 school year.

Teachers are encouraged to recruit an adult volunteer for every 5-8 students participating in neighborhood walks or neighborhood community bike rides. Bicycle leaders are key to increasing healthy food access to those having the most difficulty accessing them.

Law enforcement, public health, health coalitions, senior citizens, community education staff, school paraprofessionals, clergy, and anyone interested in biking and walking with students is encouraged to attend this training.

Sundog Prairie Farm Finds a Niche with Fresh Connect Food Hub

Finding a stable market can be a challenge for small local growers. The Fresh Connect Food Hub is aggressively stepping up to resolve the difficulties that growers face when trying to access viable markets.

Intentionally connecting growers and buyers turns a previous challenge into a win-win for growers, buyers and consumers.

Lake Region Takes Root

Beginning to Sprout

Lake Region Takes Root has been growing ever since breaking ground in 2013. There are many great benefits related to this community garden but its primary focus has been providing healthy foods to those having the most difficulty accessing them.

Boys & Girls Club of the Perham Area Energized

The Boys and Girls Club of Detroit Lakes and Perham Area serve over 900 children in Becker and Otter Tail counties. The caring, professional staff works hard to offer fun and meaningful programs that help children succeed academically, practice healthy lifestyles, and develop good character and citizenship. In order to increase their ability to support healthy lifestyles among their members the clubs recently partnered with PartnerSHIP 4 Health.