

## **PartnerSHIP4 Health**

February 2014 e-news

www.partnerSHIP4Health.org







Welcome to the February 2014 e-newsletter.

In this issue, you will find:

- ChildcareAlive! Making an Impact on Children
- Lake Region Healthcare A Journey into Community Wellness Dental Office Taking Steps to Address Tobacco Use Among Patients
- Friends and Family Network Workshop Offered
- CVS Pharmacy Voluntarily Halting Sales of Tobacco

#### The Key to a Bright Future is a Healthy Start

Training for friends, family and neighbors and registered non-licensed child care providers

Date: Saturday, February 22nd

Time: 9am-11am

Location: Clay County Family Services

Center, Mtg Room 4

715 11th St N, Moorhead, MN

Contact Corey Ernst 218-299-5063 orcorey.ernst@co.clay.mn.us

Attendees will learn more about healthy eating options for infants, toddlers, and preschoolers, tips for introducing new foods and help with picky eating, and activities to encourage movement and active play Space is limited click here to register

TOBACCO-FREE

We would like to commend CVS Pharmacy on taking one of the strongest actions any business has ever taken to address the public health problems caused by tobacco use!

Click here to take a quick survey to tell us if you think others should follow the lead of CVS!

Interested in this new Tobacco-Free 4 Health coalition?

Contact Keely for more information at

218-299-7180 keely.ihry@co.clay.mn.us

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#### ChildcareAlive! Making an Impact on Children

Helping teach young children healthy habits can be a challenge. Learn how ChildcareAlive! is assisting child care providers in our region to make true and lasting change. Read more



### Lake Region Healthcare a Leader in Wellness

By law, each non-profit healthcare organization is required to conduct a community health assessment every 3 years and for Public Health organizations every 5 years. PS4H has the privilege of working with several healthcare organizations in this process of developing recommendations from the community assessments. Lake Region Healthcare in Fergus Falls has embraced the process while moving forward with several preventative health initiatives to help support improved health of those they serve.

Read more



# **Dental Offices Take Steps to Address Tobacco Use Among Patients**

Dental hygienists and dental offices are seldom thought of as a setting where life and death decisions are made. But every time a dental hygienist or dentist asks a patient about his or her tobacco use, they are taking the first step towards a potential life-saving moment. Read more

