

<Employer name> Healthy Vending Options

Employee Survey

<Employer and/or wellness committee name> are looking for ways to make the environment for employees a healthier place to work. One of the strategies for doing this is to increase the number of **“healthier”** options* in our on-site vending machines / snack stations. In an effort to gauge employee interest in healthy vending / snack station choices, please complete this survey and let us know your opinion!

***“Healthier”** options are typically lower in fat, calories, sodium, or sugar and may contain natural or whole grains.

1. How often do you purchase items from our on-site employee vending machines? (Choose one)

- Daily
- Couple times/week
- About once/week
- Monthly
- Yearly
- Never

2. How often do you purchase items from our on-site employee snack stations? (Choose one)

- Daily
- Couple times/week
- About once/week
- Monthly
- Yearly
- Never

3. What type of item do you typically purchase? (Check all that apply)

- Diet Drink
- Regular Pop
- Water
- Juice
- Candy
- Chips
- Other

If “other”, please describe: _____

4. Are you satisfied with the options that are currently available in the vending machines?

(Choose one)

- Yes
- No, not enough healthy options
- No, too expensive
- No, other reason

If “other reason”, please describe: _____

Please continue to next page.

5. Are you satisfied with the options that are currently available in the snack stations?

(Choose one)

- Yes
- No, not enough healthy options
- No, too expensive
- No, other reason

If "other reason", please describe: _____

6. Would you use vending more often if there were more "healthier" options available, such as fresh fruit, vegetables, low-cal snacks, or whole grain products? (Choose one)

- Yes
- Maybe
- No
- Unsure

Question 6 relates to onsite **vending machines**. Continue to customize additional survey questions based upon existence of **vending machines** and/or **snack stations**. (To delete this box. Click inside this box. Click anywhere on the box outline. Press delete.)

7. Which of the following would help you better identify the "healthier" choices? (Select all that apply)

- Stickers posted near the price
- Post Nutrition Info near vending machine
- Signs/Posters in break rooms
- Unsure/Other

Other ideas: _____

8. Would you be more likely to purchase a "healthier" option from the vending machine if the healthier item were cheaper than less nutritious items? (Choose one)

- Yes
- Maybe
- No
- Unsure

9. If fresh produce (whole fruits and vegetables) were offered in the vending machines, would you purchase it? (Choose one)

- Yes
- Maybe
- No
- Unsure

Please continue to next page.

10. Below are some vending machine options available through our vendor, <vendor name>, Please check off which items you would possibly purchase if available at work.

<input type="checkbox"/>	Chewy Granola Trail Bar	<input type="checkbox"/>	Nutrigrain Apple & Cinnamon Bar	<input type="checkbox"/>	Baked Lays Crisps BBQ Flavor	<input type="checkbox"/>	Sun Chips Garden Salsa
<input type="checkbox"/>	Chewy Strawberry Yogurt Bar	<input type="checkbox"/>	Nutrigrain Blueberry Bar	<input type="checkbox"/>	Baked Lays Crisps Regular Flavor	<input type="checkbox"/>	Wheat Thins
<input type="checkbox"/>	Fiber One Chewy Oats Bar	<input type="checkbox"/>	Nutrigrain Raspberry Bar	<input type="checkbox"/>	Baked Ruffles Cheddar Flavor	<input type="checkbox"/>	Wheat Thins Veggie Flavor
<input type="checkbox"/>	Fiber One Peanut Bar	<input type="checkbox"/>	Nature Valley Sweet & Salty Almond Bar	<input type="checkbox"/>	Rold Gold Tiny Twists Pretzels	<input type="checkbox"/>	100 Calorie Lorna Doone Cookies
<input type="checkbox"/>	Fig Bar – Low Fat	<input type="checkbox"/>	Chocolate Special K Bar	<input type="checkbox"/>	Smart Pop popcorn 94% Fat Free	<input type="checkbox"/>	Snackwell Cookies Vanilla flavor
<input type="checkbox"/>	Kashi Trail Mix Bar	<input type="checkbox"/>	Strawberry Special K Bar	<input type="checkbox"/>	Snyder’s mini pretzels	<input type="checkbox"/>	100 Calorie Oreo Cookie thin crisps
<input type="checkbox"/>	Nature Valley Sweet & Salty Nut Bar	<input type="checkbox"/>	Baked Lays chips Sour Cream	<input type="checkbox"/>	Snyder’s cheddar cheese pretzels	<input type="checkbox"/>	Kar’s Yogurt Apple Nut Trail Mix
<input type="checkbox"/>	Nature Valley Oats & Honey Bar	<input type="checkbox"/>	Bake Lays chips Cheddar Cheese	<input type="checkbox"/>	Snyder’s honey mustard pretzels	<input type="checkbox"/>	Quaker Chewy Fruit ‘n Crunch Straw Bar
				<input type="checkbox"/>	Snyder’s Old Tyme Pretzels	<input type="checkbox"/>	100 Calorie Chips Ahoy thin crisps

11. Are there any other **“healthy”** vending machine foods that you would like to see offered?

Please List: _____

12. If a healthy snack station was created, would you be willing to help keep the station stocked with healthy items (such as purchasing healthy snack items outside of work time)?

- Yes
 Maybe
 No
 Unsure

13. Other comments or thoughts on improving the availability of healthy foods at the workplace _____

Thank you!

<Committee Name>

<Contact name>

<Contact information>