



PartnerSHIP 4 Health
Charting a course for good health

Welcome to the PartnerSHIP 4 Health e-newsletter. Keep reading to learn exciting updates about the following items:

- Fresh Connect Food Hub holds Open House
- Young talent builds capacity for preventive health measures
- Family HealthCare enhances tobacco cessation services
- Area Schools celebrate International Walk to School Day
- Tobacco Store Audits held

Young Talent Builds Capacity for Preventive Health

PartnerSHIP 4 Health welcomes Will Mackaman, GreenCorps Member specializing in active transportation activities in the Moorhead area.

Fresh Connect Food Hub welcomes Emily Stawarski, GreenCorps Member coordinating day-to-day activities at the Fresh Connect Food Hub.

West Central Initiative welcomes Emily Ambrosy, Transportation Planner specializing in Safe Routes to School planning, and trails planning and coordination.

Fresh Connect Food Hub to Hold Open House on October 20th



Open House

Join us on Monday, Oct. 20 from 2-5 p.m.
at Lakes Country Service Cooperative,
1001 E. Mount Faith Ave., Fergus Falls



The month of September has been a whirlwind for the Fresh Connect Food Hub. Over 21,000 lbs of fresh local produce has been moved through the hub in its inaugural month of operation.

The public is invited to an open house from 2-5pm to see how the hub creatively connects healthy whole foods to schools as well as some healthcare and childcare centers during this pilot year.

Dave Fredrickson, MN Department of Agriculture Commissioner, will provide opening remarks along with other dignitaries at 2pm. We invite you to attend.

Supporting Tobacco Cessation

Family HealthCare has enhanced their ability to support those patients desiring to quit tobacco. It started with a change in their referral system as well as the opportunity to obtain specialized training.



[Read more](#)

TOBACCO-FREE 4 HEALTH

Store Audits in Becker, Clay, Otter Tail and Wilkin counties underway!

Over the past two months PartnerSHIP 4 Health staff members have been completing assessments of tobacco retailers. Staff notes placement of tobacco and electronic cigarette advertisements, number of advertisements per store, sale or non-sale of flavored cigars and/or e-cigarettes, and other items that impact youth access to tobacco.



[Click here to enlarge photos of assessment findings](#)

For more information on e-cigarettes or the Tobacco-Free 4 Health Coalition Please Contact:

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International Walk to School Day Celebrated

International Walk to School Day started in 1997 as a one day event highlighting the importance of walkable communities. Five years ago PartnerSHIP 4 Health introduced the event to regional schools and this year schools participated in their own unique ways: Perham by remote bus drop, Fergus Falls by a parent-led Walking School Bus, Detroit Lakes by classroom walks at the beginning of the school day, Rothsay by High School students mentoring elementary students, Breckenridge by a private business, Dilworth Elementary with a noon hour school-wide walk, Glyndon Elementary with classroom walks, and DGF Junior High with a localized walk. Such participation demonstrates that schools recognize the important link between physical activity and improved student health and academic achievement.