

Charting a course for good health

PartnerSHIP 4 Health

March 2015

e-news

www.partnerSHIP4health.org



Dear Gina, welcome to the PartnerSHIP 4 Health e-newsletter. We hope you enjoy these exciting updates!

You're Invited to the Inaugural Meeting of the Clay Cass Foods Systems Advisory Commission!

When: March 25, 2015; 1:00-2:30 PM Where: Fargo City Commission Room located at 200 3rd St N.

The Cass Clay Food Systems Initiative has been working to increase access to safe, nutritious, and affordable food by strengthening the local food system. In 2013, the Metropolitan Council of Governments completed a Metropolitan Food Systems Plan. Six elected officials and five at-large members will be at the meeting addressing the food systems issues in Cass County, ND and Clay County, MN.

Meeting is open to the public, and a 15 minute segment is open for community members to pitch their ideas, concerns and needs for food systems considerations.

United Community Bank Ramps up their Wellness Program



United Community Bank in Perham, MN, recently participated in PartnerSHIP 4 Health's 2014-15 Worksite Wellness collaborative. During the collaborative, UCB revamped their wellness program by adding more opportunities for their employees to be healthier.

Learn more about UCB's Worksite Wellness success.

The Tunnel: Where You Can Walk the Walk and Put a Smile on Your Feet

On March 11th, 2015, the Clay County Wellness Committee and the EAC Committee held a ribboncutting ceremony to celebrate the official opening of the walking tunnel in the Clay County Family Services building.



TOBACCO-FREE 4 HEALTH

Clay County is Going Tobacco-Free!

April 1st, Clay County becomes a tobaccofree workplace. A comprehensive policy was passed December 2014 to provide a safe and healthy environment.

All County owned, leased or rented buildings, grounds and vehicles become tobacco-free. (cigarettes, cigars, chewing tobacco, snuff, pipes, electronic cigarettes and all other forms of smoked or smokeless tobacco products).

The policy prohibits the use of tobacco/nicotine while employees are providing services in a client's home. If the client is unable to refrain from tobacco or nicotine use during a visit, an alternative location or format for services will be offered.

For more information about tobacco-free workplaces and/or help support over all tobaccofree efforts, contact

Jason McCoy at jason.mccoy@co.clay.mn.us

or

218-299-7180

Clearway, MN funds the work of Tobacco-Free 4 Health The tunnel was previously only used by maintenance workers as a passageway to get from the west end of the Family Services building to the heating plant.

To learn more about how the wellness committee is using The Tunnel to support employee health, <u>click here</u>.

Fresh Connect Food Hub Providing Quality and Convenience



Learn what area schools have said about their experience with the Fresh Connect Food Hub, click here

GreenSHIP 2015 in Fergus Falls

Please join us for our third biennial SHIP/CERTs/GreenStep Cities Summit on **Friday, May 15** at Lakes Country Service Cooperative in Fergus Falls, Minnesota!

We will be networking and strategizing about the two main points of intersection between the Statewide Health Improvement Program agenda and the GreenStep Cities agenda -- Complete Streets and Local Foods!

Please register in advance at: http://greenship2015.eventbrite.com

Please see the attached agenda!