CCRI Helps People with Disabilities Get Rolling Safely

PartnerSHIP 4 Health offers bike safety training

During the summers of 2015 and 2016, PS4H collaborated with CCRI to organize bike safety events or “bike rodeos.” During each event, PS4H introduced clients and caregivers to basic bike safety concepts as well as how to operate each adaptive bike, which range from side-by-side bikes for two riders to a hand-powered recumbent bike. AAA Fargo provided free helmets to each bike rodeo participant.

Anna Larson, CCRI Development Associate and Volunteer Coordinator, encapsulated the challenge and the benefits of the new bikes and related training: “The adaptive bikes have given the people we support the opportunity to ride a bike. That sounds simple, but for people with various physical abilities, bike riding isn’t that simple. It has been amazing to watch people experience that opportunity for the first time. The bike rodeo was great for everyone to learn what each of the bikes does. Some people didn’t think they could ride a bike, but thanks to the Duet bikes, staff could help them power it and they were able to have that experience.”

Making adaptive bikes available to CCRI is just one example of how PS4H is making it easier for everyone in our region to have access to physical activity.

To learn more about PartnerSHIP 4 Health, local public health and community partners in Becker, Clay, Otter Tail and Wilkin counties, please visit http://partnership4health.org

February 2017
CCRI
Clay County

CONTACT INFORMATION:
Austin Hauf, LCI #5229
MN GreenCorps member
PartnerSHIP 4 Health
218-299-7839
austin.hauf@co.clay.mn.us