

PartnerSHIP 4 Health
Charting a course for good health

PartnerSHIP 4 Health

April 2015

e-news

www.partnerSHIP4health.org



Dear Gina, welcome to the PartnerSHIP 4 Health e-newsletter. We hope you enjoy these exciting updates!

You're invited to the Bike Rodeo!

What: Complete the bike rodeo to enter for a chance to win a new bike!

- Learn safety skills while having fun riding in a bike rodeo course.
- Bike helmets will also be given out.

Where: Various Locations; Click below to view flyers:

[Perham](#),
[Breckenridge](#), [Detroit Lakes](#), & [Henning](#)



**TOBACCO-FREE
4 HEALTH**

Congratulations to REACH on their new

Fresh Connect Food Hub Providing Quality and Convenience at Perham Schools



To learn what Perham schools have said about their experience with the Fresh Connect Food Hub, [click here](#).

Apply for Minnesota GreenCorps!



"An environmentally focused AmeriCorps program, MN GreenCorps is a chance to serve your community, learn new skills, and earn money for grad school or student loans."

GreenCorps is currently in the process of recruiting member applicants for the next Minnesota GreenCorps year!

For information about the program and the application, click [here](#).

Tobacco-Free Grounds Policy!

Rural Enrichment And Counseling Headquarters (REACH) in Hawley is a multi-agency human service center. REACH implemented a new comprehensive tobacco-free policy. This policy supports the health of their clients, volunteers and employees.

REACH/Dress for Success Red River Valley have tobacco-free grounds including their parking lots. To provide their employees a safe and healthy environment the use of tobacco is prohibited while employees are providing services in a client's home. Also, REACH will not solicit or accept any contributions or gifts from companies that manufacture and are identified with tobacco products or electronic cigarettes.

Congratulations REACH on supporting the health of those you are serving. Way to be an example for all!

For more information about tobacco-free workplaces and/or support over all tobacco-free efforts, contact

Jason McCoy at jason.mccoy@co.clay.mn.us

or

218-299-7180

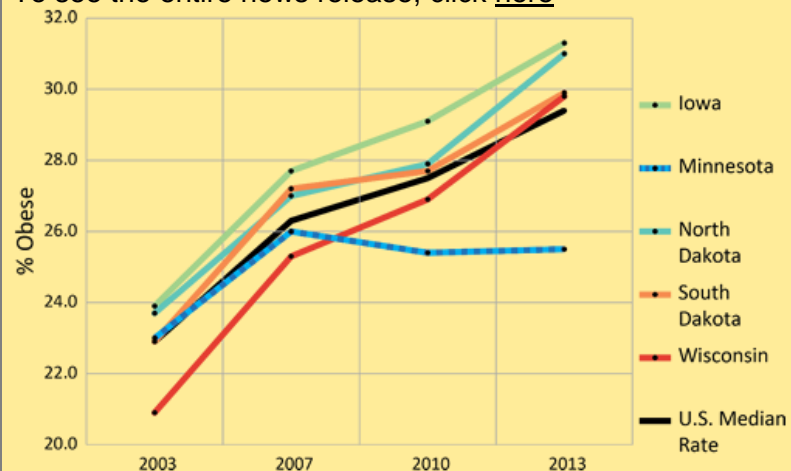
Clearway, MN funds the work of Tobacco-Free 4 Health

SHIP News: Minnesota Alone Trims Obesity Rates Among Upper Midwest States

The Minnesota Department of Health recently publicized a news release stating that, due to the Statewide Health Improvement Program (SHIP) grants, "Minnesota has outperformed nearby states by being the only one of its neighbors to bend the curve on obesity rates" (MDH).

The rate of Minnesotans at a healthy weight has increased since 2010, due to policy, system and environmental strategies which are the foundation of the Statewide Health Improvement Program (SHIP) and its local community partners. SHIP is helping Minnesotans move more, increase access to healthy foods and reduce tobacco use & exposure.

To see the entire news release, click [here](#)



Join Us at GreenSHIP 2015 in Fergus Falls!

For more information, [click here](#)
To register in advance, [click here](#)