



PartnerSHIP 4 Health

January 2014 e-newsletter
www.partnerSHIP4Health.org



Welcome to the January 2014 PartnerSHIP 4 Health E-newsletter.

In this issue, you will find:

- Lake Region Healthcare improving access to healthy foods
- Creative Placemaking workshop offered to engage artists in the efforts of public health
- New trail system plan from Pelican Rapids to Perham to be revealed
- MN Food Charter to share regional and statewide results and develop a comprehensive plan with the assistance of healthy food advocates

Public meetings for the Pelican Rapids to Perham trail scheduled

Monday, February 10th at the Lake Region Electric Cooperative at 7pm in Pelican Rapids

Tuesday, February 11th at the Perham City Hall at 7pm.

Trail location will be revealed and public is welcome.



Community Garden Taking Root

Lake Region Healthcare of Fergus Falls is stepping up to improve better access to healthy foods for those needing the most help in securing fresh fruits and vegetables. The Lake Region Takes Root initiative is one Lake Region Healthcare's growing commitments toward improved community wellness.

[Read more](#)

Lake Region Takes Root Challenge



Watch for more exciting news about how Lake Region Healthcare is leading a comprehensive effort toward preventative health.

Do you feel tobacco use is still a problem?

or

Would you like to see your city parks go tobacco-free?

or

Is it important our youth do not start using tobacco?

If you answered YES

PartnerSHIP 4 Health is happy to introduce

**TOBACCO-FREE
4 HEALTH**

This new coalition is seeking individuals interested in reducing tobacco use and exposure in their community.

Contact Keely Ihry for more information at 218-299-7180

keely.ihry@co.clay.mn.us

Like us on Facebook

Engaging Artists in Health Promotion

Is your organization interesting in working with local artists to help people live healthier, active lives? Please invite any artists you know to this free Creative Placemaking workshop presented by Springboard for the Arts and PartnerSHIP 4 Health. Artists who attend will be eligible to apply for project support funds in partnership with a community-based organization!

[Learn more about the January 18th workshop](#)

MN Food Charter to reveal results

During this past year, the MN Food Charter has been holding community input meetings all across the state of MN. Information was gathered on the strengths, barriers, and opportunities towards improving healthy local food access. Those results are now being shared and health advocates are encouraged to help set priorities for the region.

Wednesday, January 22nd 12n-4:30pm
 White Earth Community College, Mahnomon, MN
[Click here for more details](#)

